

NEWSLETTER **No. 2 - March 18, 2020**

'The Ruby, 4th Floor, NW, 29, Senapati Bapat Marg (Tulsi Pipe Road), Dadar (W), Mumbai 400 028

Protect Yourself from Coronavirus




SOCIAL DISTANCING:

What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.



AVOID	Use Caution	Safe to DO
Group Gatherings	Visit a local Restaurant	Take a Walk
Sleep Overs	Visit Grocery Store	Go for a Hike
Playdates	Get Take Out	Yard Work
Concerts	Pick up Medications	Play in your Yard
Theatre Outings	Play Tennis in a Park	Clean out a Closet
Athletic Events	Visiting the Library	Read a Good Book
Crowded Retail Stores	Church Services	Listen to Music
Malls	Traveling	Cook a Meal
Workouts in Gyms		Family Game Night
Visitors in your House		Go for a Drive
Non-essential workers in your house		Group Video Chats
Mass Transit Systems		Stream a favorite show
		Check on a Friend
		Check on Elderly Neighbor

NOVEL CORONAVIRUS (COVID-19) 
GENERAL ADVISORY FOR PUBLIC

Control Room Numbers at State and District level

■ State DGHS (HQ)	011-22307145, 22300012, 22300036
■ North	011-27708768
■ South	011-29531277
■ East	011-22050908, 22051234
■ West	011-25195529
■ North-West	011-25951182
■ South-West	011-25066674
■ South-East	011-26476410
■ North-East	011-22115289
■ New Delhi	011-23385743
■ Central	011-23270151
■ Shahdara	011-22111077

24*7 Control Room has been established at DGHS (HQ), may be contacted for any query related to COVID-19 Ph: 011-22307145, 22300012, 22300036

States and UTs have set up helplines for coronavirus 

Andhra Pradesh	0866-2410978	Punjab	104
Arunachal Pradesh	9436055743	Rajasthan	0141-2225624
Assam	6913347770	Sikkim	104
Bihar	104	Tamil Nadu	044-29510500
Chhattisgarh	077122-35091	Telangana	104
Goa	104	Tripura	0381-2315879
Gujarat	104	Uttarakhand	104
Haryana	8558893911	Uttar Pradesh	18001805145
Himachal Pradesh	104	West Bengal	3323412600
Jharkhand	104	Andaman and Nicobar Islands	03192-232102
Karnataka	104	Chandigarh	9779558282
Kerala	0471-2552056	Dadra and Nagar Haveli; Daman & Diu	104
Madhya Pradesh	0755-2527177	Delhi	011-22307145
Maharashtra	020-26127394	Jammu	1912520982
Manipur	3852411668	Kashmir	1942440283
Meghalaya	108	Ladakh	1982256462
Mizoram	102	Lakshadweep	104
Nagaland	7005539653	Puducherry	104
Odisha	9439994859		

From WHO

- **Coronavirus disease (COVID-19) advice for the public: Myth busters**
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>
- **Coronavirus disease (COVID-19) advice for the public**
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- **Getting your workplace ready for COVID-19**
https://www.who.int/docs/default-source/coronaviruse/getting-workplace-ready-for-covid-19.pdf?sfvrsn=359a81e7_6

GOVERNMENT OF INDIA
OFFICE OF THE DIRECTOR GENERAL OF CIVIL AVIATION
OPPOSITE SAFDARJUNG AIRPORT, NEW DELHI-110003

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No. 4/1/2020-IR
Dated: 16-03-2020

CIRCULAR

Sub: Travel and Visa restrictions related to COVID-19

In continuation of the circular issued on the subject on 12th March 2020, the following additional advisory is issued in accordance with instructions of Ministry of Health & Family Welfare:

- (i) Expanding compulsory quarantine for a minimum period of 14 days for passengers coming from/transiting through UAE, Qatar, Oman, and Kuwait. This will come into effect from 1200 GMT on 18th March 2020 at the port of first departure.
 - (ii) Travel of passengers from member countries of the European Union, the European Free Trade Association, Turkey and United Kingdom to India is prohibited with effect from 18th March 2020. No airline shall board a passenger from these nations to India with effect from 1200 GMT on 18th March 2020. The airline shall enforce this at the port of initial departure.
 - (iii) Both these instructions are temporary measures and shall be in force till 31st March 2020 and will be reviewed subsequently.
3. All scheduled Indian and foreign airlines engaged in international air transportation to/from India, therefore, are directed to scrupulously follow the above advisory and not to carry any passenger in violation thereof.


(Sunil Kumar)
Deputy Director General

BRIHANMUMBAI MAHANAGARPALIKA

WHEREAS the Government of Maharashtra, in exercise of the power conferred under section 2,3 &4 of the Epidemic Diseases Act, 1897 has framed Regulations for prevention and containment of COVID-19 under No. Corona 2020/ CR/ 58/ Aarogya-5 dated 13th March 2020.

AND WHEREAS under rule 10 of the said Regulation, the Municipal Commissioner is authorized to take any measures as directed by the Public Health Department, Govt. of Maharashtra for containment of COVID-19,

I, Praveen Pardeshi, Municipal Commissioner of Municipal Corporation of Greater Mumbai, in exercise of said powers conferred upon me hereby direct under rule 10 of the said Regulation to implement the following containment measures in the City of Mumbai.

1. Restricting the vehicular movement in the areas of Isolation Centres, Quarantine Centres, declared by MCGM like Kasturba Hospital, KEM Hospital, Seven Hills Hospital.
2. Closure of schools, offices, cinema halls, swimming pools, gyms etc. and banning mass congregations, functions.
3. All non essential service providing offices to function at only 50% staff capacity. However, following establishments providing essential services shall be excluded -
 - Providing drinking water,
 - Providing sewerage services,
 - Providing banking services,
 - Providing telephone and internet services,
 - Providing rail and transportation services,
 - Providing food, vegetable, groceries,
 - Hospitals, Medical centres and Medical stores,
4. Asstt. Commissioners and Police to issue advisory to people, not to gather in masses at sea beaches and public places.
5. Private sector Companies and Public Sector companies to encourage all their staff to work from home.

Asst. Commissioners of the wards and Zonal Dy. Municipal Commissioners of MCGM are hereby authorised to take all necessary actions for implementation of the above measures. Failure to obey these orders shall be penalized under section 188 of I.P.C.


Municipal Commissioner

All Add MC'S
All DMC'S
All Ae'S